



Upper Beeding Primary School

School Road, Upper Beeding, BN44 3HY

Tel: 01903 812288

Email: office@upperbeedingprimary.co.uk

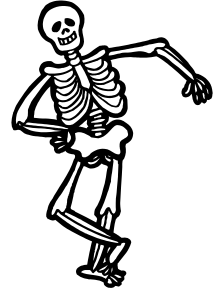
Website: <https://upper-beeding.eschools.co.uk/web>

Head Teacher: Mr M Andrews

Autumn Term 2026 – Years 5 and 6

Dear Parent/Carer,

We hope you had a good summer break. It has been great to welcome the children back to school. They have returned with news of the fantastic adventures they have had during the holidays and the different places that they have visited



Our topic this term is called '**Blood, Bones and Body Bits**'. We will be learning all about the Human Body and how the different bodily systems work. We have arranged for a lot of exciting activities to support the work that the children will be engaged in. The attached topic plan explores what we will be covering in a little more detail.

PE

It is very important that the children have their PE kit in school so that they can fully participate in these lessons. **Please ensure that your child's kit is named.** Earrings should be removed for PE and Games. If ears are newly pierced, earrings should be covered with micro-pore tape provided by you. Long hair must be tied back. All children should wear suitable footwear for sporting activities particularly outside. All children will be expected to participate in sessions unless a note has been provided by a parent or carer explaining their exclusion.

Our cloakrooms can become very crowded with coats, PE bags and rucksacks. Inevitably, items belonging to children move from their pegs. Please make sure that all of your child's possessions are **clearly labelled** as it is much easier to resolve disagreements over which items belong to which child.



We do not encourage children to share PE kits for hygiene reasons.

PE Days

The children will continue to benefit from the wide range of sports opportunities provided to them this term.

SCOTLAND CLASS (Mr Marsh) – Wednesday and Friday

MEXICO CLASS (Miss Underdown) – Monday and swimming on Friday

USA CLASS (Mr Jones) – Thursday and swimming on Friday

Swimming

Children in Mr Jones' and Miss Underdown's classes will start their swimming lessons this term. Lessons take place on Fridays and will start on Friday 11th September. A letter has been sent home requesting a monetary contribution for the ten sessions. Payment can be made via your MCAS account once it has been added. Please ensure that your child remembers their swimming kit for each session!



Healthy Lunchboxes and Snacks

As part of our aim to provide our children with healthy lifestyles, we would like to remind you that your child should be provided with a balanced packed lunch if they do not have hot meals.

If your child would like a snack at breaktime, please can you ensure that they bring a piece of fruit or vegetables, such as carrot sticks.

Please **do not** send your child to school with **nuts, peanut butter or products containing nuts and sesame** as we do have children in the school who are severely allergic to such items.



Water Bottles

Your child should bring a **water** bottle for drinking water in class – these should not be used for drinking squash or fruit juice. We would ask that your child fills their bottle up at home in the morning and they should bring their bottle home at the end of each school day so it can be cleaned.

Homework

We will be sending home our '**Blood, Bones and Body Bits**' homework grid this week. This system is intended to give the children more independence and choice as to what they would like to do to extend their own learning. Your child will select a task to complete every two weeks over the term. Each piece of homework should reflect **about an hour** of work at their level.

Pupils will also receive a mathematics task from their teacher each week and a grammar activity. Each piece of homework should take **up to** 45 minutes.

Your child will bring home their spelling lists for the term. They will carry out a spelling activity in class during the week and then be tested on their words.

All homework resources and spelling lists are accessible via your child's Google Classroom account.

The handing in dates for homework are as follows:

- Grammar homework is set on Fridays and is due in the following Wednesday.
- Maths homework is set on Fridays and is due in the following Wednesday, as well as practising their times tables.
- Topic homework grids are sent home at the beginning of term and are due at two weekly intervals throughout the term.
- In addition to this homework, children will be expected to read on a regular basis



Yours sincerely,

Mr Jones, Miss Underdown and Mr Marsh