

Upper Beeding Primary School

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Thursday 6th June 2019

Sports Week – 10th to 14th June 2019

Dear Parents/Carers,



Next week Upper Beeding Primary School are hosting their very own Sports Week! The week will comprise of various sporting activities under the theme of '#Let'sGetMoving'. The aim of the week is for all children to be involved in a new sport that they may not have experienced before, encouraging them to take on new challenges.

During the week we will be taking part in a variety of cross-curricular activities based around sport and healthy living, encouraging the children to be active. We will be setting the children a range of personal challenges to compete against themselves, their peers, and even their teachers!

Team Super Schools – Tuesday 11th June We would like to remind you that Team Super Schools will be in school on Tuesday 11th June, details of which have already been sent to you before half term. We hope that the fundraising and sponsorship is going well and the children are enjoying the opportunity to be active for charity.

Sahara Challenge and Non-School Uniform Day – Friday 14th June As many of you know BeeFit Tina has been working in our school for 6 years, delivering high quality, fun and engaging PE lessons for our Reception and KS1 children. She is a valued member of our school community and all of the children enjoy working with her. This November, Tina is embarking on a once in a lifetime challenge to raise money for a charity very close to her heart, St Michael's Hospice in Hastings. Tina will be trekking



the Sahara Desert for 4 days across sandy dunes, through scorching temperatures and without any washing facilities. St Michael's Hospice did a wonderful job of caring for Tina's father throughout his illness and in his final days as well as supporting Tina and her family through a very difficult time.

To help support this fantastic event the children will be working with Beefit Tina on Friday 14th June to trek the steps on our school playing field, in the hope that together we can walk the exact same amount of steps as Tina will in the Sahara Desert; to help fundraise for Tina's chosen charity, we are asking all of our children to come in on this day **wearing sports related non-school uniform in exchange for a £1 donation**.

Throughout the week there will guest appearances from famous sports stars that we hope will inspire the children to set their goals high and strive to be the best they can.



Please can all children have their PE kit and trainers with them at school every day next week, and also have a water bottle and sun hat/sun cream as many of the activities will be outside.

If you have any queries or think that you may be able to assist in the running of the week in any capacity, please see your child's class teacher.

Many thanks, Miss Stuart and Mr Moule PE Co-ordinators



























