



# Upper Beeding Primary School

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Head Teacher: Mrs R Linford

Thursday 5<sup>th</sup> November 2020



Dear Parent/Carer

Unfortunately, we will not be able to do our usual annual fundraising activities for **'Children in Need'** on **Friday 13<sup>th</sup> November**. However, we are going to raise children's awareness of this excellent charity by following the **'Five to Thrive' Primary Schools Campaign** throughout next week:

***"We know things have been tough recently, so this year we are making children's mental wellbeing our number one priority. And we have some very special friends to help. Led by Joe Wicks, Dr Radha and Blue Peter, Five to Thrive is our unique programme of wellbeing activities for our Appeal Week. Inspired by the 5 Ways to Wellbeing, we have lots of content and resources designed to help children feel better about themselves – as well as helping others".***

On **Friday 13<sup>th</sup> November 2020**, we are inviting all children to dress up in their own **bright and colourful** clothes for our **'Come as Yourself Day'** and would ask for a **donation to Children In Need**. Children can wear bright, colourful and patterned clothes – whatever you have that is bright, colourful and cheerful! Please ensure that clothes are suitable for school and all children should please avoid wearing face paint or colouring their hair as this does tend to come off during the day.

Thank you in advance for any help or support that you can give in raising money for **'Children in Need'**.

Yours faithfully

Mr B Jones

Upper KS2 Leader

