



Upper Beeding Primary School

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Head Teacher: Mrs R Linford

10th November 2020

Dear Parent/Carer

We were made aware late last night, that there has been a second confirmed case of COVID-19 within the school.

In light of a second positive case and after speaking to Public Health England, I have made the difficult decision to close the Y3/4 super bubble and ask all the children in Y3/4 to self-isolate until they can **return to school on Monday 23rd November**. This type of situation is being replicated in schools across the country and, whilst it is concerning, the cleaning, hand washing and 'bubble' regimes we have in place are extremely robust. We are very unlucky to have had two isolated positive cases in a short time and are taking this action for the safety of children and staff.

We are asking you to do this to reduce the further spread of COVID 19 to others in the community.

If your child is well at the end of the 14 days period of self-isolation, then they can return to usual activities.

Other members of your household can continue normal activities provided your child does not develop symptoms within the 14 day self-isolation period.

Please see the link to: Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person

<https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

The 14-day period starts from the day when the first person in the house became ill.

If you do have a positive test we would be very grateful if you let school know.



Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping, picking up medication or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able to, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home to stay with friends or family for the duration of the home isolation period.

Please see the link to the PHE 'Stay at Home' Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111

at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

Your class teacher will be contacting you by phone today to talk through any questions you have about accessing remote learning and explain what the children can do and how they will be supported.

We have a new remote learning platform – Google Classroom and the children have all been given their logins. If they cannot find these we will get them to you.



We would expect each child to log in daily and complete a Maths and English activity as well as another activity from Topic / Science. For parents who do not have a device their child can use to access the remote learning, please let the School Office know.

We will continue to support your children in their home learning throughout the self-isolation period and thank you for helping us to do this.

If you have any other questions or concerns please do not hesitate to contact school either by email at office@upperbeeding.w-sussex.sch.uk or calling on 01903 812288.

Best wishes

Becky Linford
Headteacher

