



Upper Beeding Primary School

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Head Teacher: Mr M Andrews



Monday 28th April 2025

OPAL Play Afternoon for Parents

Dear Parent/Carer,

Are you interested in the benefits of play for your child?

You are invited to join us on **Monday 19th May 2025** for an afternoon of OPAL fun!

We will be visited by Kurti Birkenbeil from OPAL, who has helped our school through its journey to develop outdoor play at lunchtimes. He will be speaking to parents (1pm to 2pm) about the many different benefits of play, the ethos behind OPAL and the changes that we have made to our lunchtimes.

Following the presentation, parents will have the opportunity to experience what an OPAL lunchtime is like for our pupils. You will be able to play with your child in the different outdoor zones that we have developed and see first-hand what an impact OPAL has had already on our lunchtimes.

To attend the afternoon, we ask that you bring along a loose part - an item that can be used during a school lunchtime. This could be:

- a piece of guttering, buckets or bath toys for water play;
- pots, pans wooden spoons for the mud kitchen or music area;
- a roll of wallpaper for drawing on;
- old clothes, handbags or unwanted fancy dress for the drama zone;
- action figures, cars, dolls or small world toys for imaginative play;
- unwanted pushchairs, scooters or balance bikes for our track;
- tarpaulin, ropes, poles for our den-building area.

In fact, any items that can be combined and incorporated into children's free play!

If you have any additional items that you wish to donate before this date, please leave them by the side gate (next to the sheds) for collection.

We look forward to seeing you for our OPAL afternoon.

Mr Andrew Hughes
KS2 Assistant Head
OPAL Play Co-ordinator

