Upper Beeding Before School Sports Clubs Spring Term 2019 – first half

Friday	Fit Club	8:15am – 8:45am	Miss Stuart	Main Hall	Jan 11, 18, 25
	Yrs 1 - 6				Feb 01, 08, 15

Upper Beeding Lunchtime/Breaktime Sports Clubs Spring Term 2019 – first half

Tuesday	Golden Mile	Morning Break	Mrs Claridge	Playground	Jan 08, 15, 22, 29 Feb 05, 12
Tuesday	French Petanque Yr 2	12:30pm – 12:55pm	Mrs Stringer	France Class	Jan 08, 15, 22, 29 Feb 05, 12
Wednesday	Golden Mile	Morning Break	Mrs Claridge	Playground	Jan 09, 16, 23, 30 Feb 06, 13
Wednesday	Ball Skills Yr R	12:30pm – 12:55pm	Mrs Taylor	Reception Playground	Jan 09, 16, 23, 30 Feb 06, 13
Wednesday	Hula Hooping Yrs R – 2	12:30pm – 12:55pm	Miss Stuart	Playground	Jan 09, 16, 23, 30 Feb 06, 13
Wednesday	Dance Yrs 1 – 2	12:30pm – 12:55pm	Beefit Tina	P[layground	Jan 09, 16, 23, 30 Feb 06, 13
Wednesday	Hula Hooping Yrs 3 – 6	12:00pm – 12:30pm	Miss Stuart	Playground	Jan 09, 16, 23, 30 Feb 06, 13
Wednesday	Dance Yrs 3 – 6	12:00pm – 12:30pm	Beefit Tina	Playground	Jan 09, 16, 23, 30 Feb 06, 13
Friday	Golden Mile	Morning Break	Mrs Claridge	Playground	Jan 11, 18, 25 Feb 01, 08, 15

Upper Beeding After School Sports Clubs Spring Term 2019 – first half

Monday	Dance Yrs 3 - 6	3:20pm – 4:00pm	Miss Stuart	Main Hall	Jan 07, 14, 21, 28 Feb 04, 11
Tuesday	Netball Yrs 5 - 6	3:20pm – 4:20pm	Miss Manvell and Mrs Johnson	Playground	Jan 08, 15, 22, 29 Feb 05, 12
Wednesday	Gymnastics Yrs R - 6	3:20pm – 4:20pm Main Hall	Amanda Wadman Stars Gymnastics Club amandawadman@gmail.com 01903 800 024	Contact instructor for charges and details	Jan 16, 23, 30 Feb 06, 13, 27 Mar 06, 13, 20, 27
Friday	Karate Yrs R - 6	3:20pm – 4:20pm Main Hall	George Asargiotakis Sama Karate george@samasoutheast.co.uk 07876 617 115	Contact instructor for charges and details	Jan 04, 11, 18, 25 Feb 01, 08, 15 Mar 01, 08, 15, 22, 29 Apr 05

For all clubs please contact either the person who runs it and/or school office to register your interest.

Across all age groups there are also sports practises and competitive heats held during various lunchtimes throughout the year dependant on forthcoming tournaments – rounders, cricket, athletics, multisports etc.

Please make sure your child has their PE kit in school every day.