



Upper Beeding Primary School

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Head Teacher: Mrs R Linford

10th November 2020

Dear Parents/Carers

We have been made aware of another member of our school community who has tested positive for COVID 19. We would like to reassure you that your child has not come into close proximity with the individual who has tested positive. **The school remains open and your child should continue to attend as normal if they remain well.**

We know that you will find this concerning but we are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

In light of a second positive case, I have taken the decision to close the Y3/4 super bubble and ask the children in Y3/4 to self-isolate until 23rd November. This type of situation is being replicated in schools across the country and, whilst it is concerning, the cleaning, hand washing and 'bubble' regimes we have in place are extremely robust. The Y3/4 bubble of children have not been in contact with any other bubble of children. This action has been taken to keep children and staff as safe as possible.

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test-or-by-calling-119>.

All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'. Further guidance is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The 14-day period starts from the day when the first person in the house became ill. Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping, picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community.



If you are able can, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at

<https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further information is available at:

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

If you have any queries or concerns please contact the School Office on office@upperbeeding.w-sussex.sch.uk

Thank you for your continued support and understanding.

Take care and keep safe.

Becky Linford
Headteacher

