

## Upper Beeding Before School Sports Clubs Autumn Term 2018

<b>Friday</b>	<b>Fit Club</b> Yrs 1 - 6	8:15am – 8:45am	Miss Stuart	Main Hall	Nov 02, 09, 16, 23, 30 Dec 14
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## Upper Beeding Lunchtime / Breaktime Sports Clubs Autumn Term 2018

<b>Tuesday</b>	<b>Golden Mile</b>	Morning Break	Mrs Claridge	Playground	Oct 30 Nov 06, 13, 20, 27 Dec 04, 11
<b>Tuesday</b>	<b>French Petanque</b> Yr 2	12:30pm – 12:55pm	Mrs Stringer	France Class	Oct 30 Nov 06, 13, 20, 27 Dec 04, 11
<b>Wednesday</b>	<b>Golden Mile</b>	Morning Break	Mrs Claridge	Playground	Oct 31 Nov 07, 14, 21, 28 Dec 05, 12
<b>Wednesday</b>	<b>Ball Skills</b> Yr R	12:30pm – 12:55pm	Mrs Taylor	Reception Playground	Oct 31 Nov 07, 14, 21, 28 Dec 05, 12
<b>Wednesday</b>	<b>Hula Hooping</b> Yrs R – 2	12:30pm – 12:55pm	Miss Stuart	Playground	Oct 31 Nov 07, 14, 21, 28 Dec 05, 12
<b>Wednesday</b>	<b>Dance</b> Yrs 1 – 2	12:30pm – 12:55pm	Beefit Tina	P[layground	Oct 31 Nov 07, 14, 21, 28 Dec 05, 12
<b>Wednesday</b>	<b>Hula Hooping</b> Yrs 3 – 6	12:00pm – 12:30pm	Miss Stuart	Playground	Oct 31 Nov 07, 14, 21, 28 Dec 05, 12
<b>Wednesday</b>	<b>Dance</b> Yrs 3 – 6	12:00pm – 12:30pm	Beefit Tina	Playground	Oct 31 Nov 07, 14, 21, 28 Dec 05, 12
<b>Wednesday</b>	<b>Ultimate Frisbee</b> Yrs 5 - 6	12:00pm – 12:30pm	Miss Pemberton-Bates	Main Field	Oct 31 Nov 08
<b>Thursday</b>	<b>Rounders</b> Yrs 3 - 6	12:00pm – 12:30pm	Mr Jones	Playground	Nov 01, 08, 15, 22, 29 Dec 06, 13
<b>Friday</b>	<b>Golden Mile</b>	Morning Break	Mrs Claridge	Playground	Nov 02, 09, 16, 23, 30 Dec 07, 14

## Upper Beeding After School Sports Clubs Autumn Term 2018

<b>Monday</b>	<b>Football</b> Yrs 3 - 4	3:30pm – 4:15pm	Mr Hughes	Main Field or Playground	Nov 05, 12, 19, 26
<b>Monday</b>	<b>Dance</b> Yrs 3 - 6	3:20pm – 4:00pm	Miss Stuart	Main Hall	Oct 29 Nov 05, 12, 19, 26 Dec 03, 10

<b>Monday</b>	<b>Athletics</b> Yrs 3 - 6	3:15pm – 4:15pm	Mrs Claridge	Main Field or Playground	Oct 29 Nov 05, 12, 19, 26 Dec 03, 10
<b>Tuesday</b>	<b>Netball</b> Yrs 5 - 6	3:20pm – 4:20pm	Miss Manvell and Mrs Johnson	Playground	Oct 30 Nov 06, 13, 20, 27 Dec 04, 11
<b>Wednesday</b>	<b>Gymnastics</b> Yrs R - 6	3:20pm – 4:20pm Main Hall	Amanda Wadman Stars Gymnastics Club amandawadman@gmail.com 01903 800 024	Contact instructor for charges and details	Nov 07, 14, 21, 28 Dec 05, 12
<b>Friday</b>	<b>Karate</b> Yrs R - 6	3:20pm – 4:20pm Main Hall	George Asargiotakis Sama Karate george@samasoutheast.co.uk 07876 617 115	Contact instructor for charges and details	Nov 02, 09, 16, 23, 30 Dec 14

For all clubs please contact either the person who runs it and/or school office to register your interest.

Across all age groups there are also sports practises and competitive heats held during various lunchtimes throughout the year dependant on forthcoming tournaments – rounders, cricket, athletics, multisports etc.

**Please make sure your child has their PE kit in school every day.**